

Dr. Sylvana Ingold is a Swiss citizen and a specialist in surgery (FMH) specializing in cosmetic surgery, aesthetic medicine and anti-aging. With over 20 years of experience and more than 30,000 aesthetic procedures performed, she is one of the leading experts in her field.

Born in Athens, the city where beauty is at home, Dr. Ingold began her impressive career after graduating from high school. She decided to study medicine at the University of Bologna, one of the oldest and most prestigious universities in the world. Coming fourth out of 350 applicants in the Numerus Clausus, she graduated with distinction as a physician-surgeon (Cum Laude). She then obtained her doctorate through a scientific thesis in the field of facial surgery with bone transplantation at the University Hospital San't Orsola in Bologna. She also obtained a second doctorate from the University of Bern.

Dr. med. Sylvana Ingold is the founder of InGold Aesthetics, with clinics in the heart of Bern and Zug.

Her exceptional surgical career and commitment led her to complete her specialist training at the largest university and cantonal hospitals in Switzerland. Her passion for aesthetics drove her to further develop her skills internationally, including through renowned training and further education in aesthetic plastic surgery in Singapore, the USA and Dubai. In 2019, she was awarded the title of internationally recognized expert by the American Academy of Aesthetic Medicine and the Academy of Medical Excellence after passing the final examination in Dubai with distinction (Board Certification).

In 2021, she developed her own injection technique for lip modeling, known as "The Swiss Lips®". This technique, which ensures harmonious and natural results, is very popular with her Swiss patients.

Dr. Ingold is also the author of numerous publications, an expert, speaker and moderator at international and national congresses. In 2022, she founded the InGold Aesthetics Academy, which aims to train doctors and medical staff in the field of aesthetics at the highest level.

As a leading expert in filler treatments and thread lifting, international key opinion leader for the Swiss companies Teoxane (global market leader in the field of hyaluronic acid fillers) and Relife-Menarini Group (threads), she passes on her knowledge to colleagues nationally and internationally in order to perfect them in the implementation of aesthetic-medical treatments.

Dr. Sylvana Ingold is a lecturer and member of the faculty of the American Academy of Aesthetic Medicine, the oldest and most prestigious academy in the field of aesthetics. She conducts training courses and seminars for doctors in aesthetic medicine and surgery worldwide.